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JOCELYN HOUSE

HOSPICE

live
Because people ~~die~~ here.

FALL 2018

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Calling it Home

By John Dickenson

WHEN I ARRIVED AT JOCELYN HOUSE HOSPICE I was greeted with smiling faces and a very happy staff. An interesting phenomenon takes place when you move into Jocelyn House; very quickly this feeling of comfort and joy wrapped around me and I felt the warmth this home exuded. They say that a happy home is a tidy home however it goes even further when everyone is joyful and pleased about their roles in life at this home. The slogan "Because People Live Here" is truly a statement that embodies the lifestyle at Jocelyn House Hospice. I too, now call it my home.

Activities

In my first days I engaged in activities that now make up daily life in my new home. They include tending to a small garden of cherry tomatoes, barbequing supper meals, baking, setting the table for supper and clearing the dishes after the meal and several other activities, all of which I traditionally performed prior to moving into Jocelyn House. Arts and crafts have become my new leisure pastime. Sketching, painting, beading and water colours under the tutelage of one of the volunteers, a Fine Arts Graduate, fill my days at home and help me learn art forms that I have never had access to previously. Although extensive walking is somewhat limited due to my health very short walks in the lovely surroundings on Egerton Road are a sweet respite under the big blue sky of Manitoba mornings.

Comfort Comes in Many Forms

Comfort comes in many forms and having the availability of 24/7 Licensed Nursing is one of the examples of comfort that Jocelyn House Hospice offers me. Just knowing that a staff member is just a "Watch Beep" (in-house call system) away gives me a comfort I know I would not have elsewhere. A nurse at Jocelyn House is just not simply a nurse as one might know them. They are "Jacks



John enjoying an art class with volunteer Georgia

of all Trades" as every staff member here participates in all aspects of resident care from medicinal needs to laundry duty, meal preparation and general care. The homecare aides are another example of caring integration as they keep me on a regular schedule of laundry, cleaning, bed making, meal preparation, etc. which makes life at home a further comfort. Then there is the army of volunteers who give of their time for the benefit of others. Whether it be for the creation of a full course supper time meal or to just spend some time playing cards, the time they share is so valuable and appreciated. Of course it goes without saying that having a weekly visit with your doctor goes a long way to providing another totally different comfort level. The doctor is also part of the family in my home.

While my stay at Jocelyn House Hospice has thus far been a relatively short one it has been full and comfortable and I look forward to many more days of life in my new home.





STAFF PROFILE

I HAVE BEEN A NURSE AT JOCELYN HOUSE HOSPICE for two years. During that time I've had the privilege to assist residents and families at one of the most vulnerable times in their lives.

One of my favorite things about Jocelyn House is that we are able to form relationships with our residents built not only on friendship but also trust. This trust provides comfort and peace during the last days for both individuals and their families. I believe that a familiar face or loving presence in the room can be very comforting to our residents and some of the best medicine we can provide.

The residents have taught me that life is a journey. They don't focus on how they are going to die but rather how they lived and what they have learned along the way. They have come to know that the most important things in life are not material possessions but friends, family and the relationships they have developed along the way. This wisdom has inspired me to live in the moment and cherish each and every day.

In my spare time I love to travel with my husband and spend time with our kids and granddaughter.

JENNIFER LUKACS



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2018 Premier's Volunteer Service Award



Congratulations to the Jocelyn House Hospice volunteers who received the 2018 Premier's Volunteer Service Award. The award recognizes their commitment to support quality end-of-life care. Their dedication, compassion and generosity truly add life to the final days of our residents. Thank you to our volunteers for the many ways they support Jocelyn House Hospice, we couldn't do what we do without you!

◀ Jacqueline Bouvier, volunteer Colleen Matthews and Jackie Stephen accept the award on behalf of the Jocelyn House Hospice Volunteers.

Please fill out & mail the following form, or donate online: www.jocelynhouse.ca

YES, I would like to help Jocelyn House with a gift of: \$50.00 \$100.00 \$150.00 Other \$ _____

Method of Payment: Visa MasterCard Cheque

Card #: _____ / _____ / _____ / _____ Expiry Date: _____ / _____

Home Phone () _____ Signature: _____

Mr. Mrs. Ms. Mr. & Mrs.

Name: _____

Address: _____

City: _____ Postal Code: _____

E-mail: _____

By giving my email address I consent to receiving information from Jocelyn House Hospice.

Thank You

Please make cheque payable to: **Jocelyn House Hospice**

My donation is made in memory of:

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Please do not list my name for recognition purposes

Mail completed form & cheque to:

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SUMMER at the Hospice



John leads fellow residents and a volunteer in a Dreamcatcher class



The angelic voices of 'Singing You Home' fill the House



John with a "bevy of beauties" ... to quote him!

Fred enjoys his lunch on the back deck



EXECUTIVE DIRECTOR'S REPORT



Jackie Stephen

THE GREATEST ASSET of any organization is its people and Jocelyn House is blessed to have a team of very dedicated and hardworking employees. Their passion for the work they do is evident in the care they provide to our hospice residents.

Management, Foundation staff, Hospice Care Workers and nurses all make valuable contributions every day, to support of our terminally ill residents.

End of life care comes with challenges, but also rewards. It is often the little things that mean most to residents during their final months, weeks and days. For some it is a compassionate ear to listen or a gentle hand to hold that provides comfort. For others it is warm shower and assistance with shaving or hairstyling or perhaps just a fresh baked favourite cookie, warm from the oven. There is a joy and sense of pride that is felt by our staff when we see how the little things make big differences in the lives of those entrusted in our care. It is our mandate to not only provide excellent medical care but also to add life to final days. Providing comfort, easing pain, and alleviating fear are all important staff functions but equally important is the companionship, kindness and genuine concern they show every day.

I am grateful for and very proud of our Jocelyn House staff and the excellent work they do for our residents. Our staff is also supported by a team of committed and very capable volunteers who assist with meal preparation, companionship, maintenance and massage, pet, music and art therapies.

In May, we said goodbye to our Nurse Manager, Rose Marie Reimer, who left the hospice to pursue new adventures in her career and family life. Rose Marie was a very valued Jocelyn House employee for 6 years and we thank her and wish her all the very best.

I am very pleased to welcome and introduce our new Nurse Manager, Karen Livingston. Karen has many years' experience as a Registered Nurse in various roles and in a short time has embraced her new position and has already made a positive impact on resident care at Jocelyn House.

Welcome Karen!

SPECIAL EVENTS

Hike for Hospice

On Sunday, May 6 Jocelyn House Hospice hosted our inaugural Hike for Hospice Palliative Care. Thank you to our partner Palliative Manitoba, supporter Winnipeg Goldeyes Baseball Club and sponsor Save-On-Foods. It was a beautiful morning and everyone

had a wonderful time. The proceeds of the Hike help us to carry on the dream of Jocelyn Hutton: adding life to final days for the terminally ill, and their loved ones, by providing care and comfort in a home-like setting.



9th Annual Sunday Supper

Our 9th annual Sunday Supper, held at The Gates on Roblin on April 22, was once again a great success thanks to the generous and ongoing support of our sponsors and donors. Guests had a glimpse into life at the hospice through the eyes of guest speaker and volunteer Shelley McFeetors. Everyone generously supported the exciting auctions to raise much needed funds for JHH.



Please join us for the 10th Annual Sunday Supper **Sunday, April 7, 2019** at The Gates on Roblin!

THANK YOU TO:

Presenting sponsor: 

Wine Sponsor: 

Event sponsor: 

Table Sponsors: Kim McCartney Richardson GMP, BDO, Black & McDonald Limited, Payworks, S.R. Technical Services and Yarrow Sash & Door and Asphaltex, Banville & Jones Wine Co., Bee Clean, Brad's Window Cleaning, Mary Donahue, Fusion, Glenwood Draperies, Christian LaRiviere, Maple Leaf Construction, Master Roofing, Minerva Painting, Network Adjusters, Gilles Paquette, Hart Pollack, The Gates on Roblin, Top Hat Florists, True North Sports & Entertainment, Wescan Electrical and Wow! Hospitality for their generous support!

Coming Soon:

NOVEMBER 17

Behind Closed Doors

Jocelyn House Hospice is excited and grateful to be a Primary Charity Partner for St. Vital Centre's 9th Annual Behind Closed Doors Sale on **Saturday, November 17 from 7 – 10:30pm**. 100% of the proceeds from our ticket sales for the one night only shopping event are donated to Jocelyn House Hospice! There will be great bargains and in store specials throughout the mall! Watch our website and Facebook page for more details in the weeks ahead.



OCTOBER 10
Band Together



If you would like to make a difference, organize a club or employee fundraising event or donation, please contact Jackie Stephen, Executive Director, Jocelyn House Hospice, (204) 253-5898 or email jstephen@jocelynhouse.ca



Please join us for the 4th Annual Friends for Life Luncheon – **Wednesday, June 12, 2019** at The Fort Garry Hotel!

3rd Annual Friends for Life Ladies Luncheon

On June 14 women gathered in friendship, at the Fort Garry Hotel, to support the quality end of life care provided at Jocelyn House Hospice. They enjoyed delicious food, great company and heard a heartwarming story of the power of friendship in different stages of life. One lucky winner went home with a \$5000 raffle basket filled with prizes perfect to share with her friends.

THANK YOU TO:

Event sponsor: **BMO** 

Media Sponsor: Energy 106/Hot 100.5 and Emcee Kirby

Table Sponsors: The Fort Garry Hotel, Fast Trippier Law – Tracy McMahon, Terracon Development Ltd. and St. Vital Centre and Petals West and Freeman Audio Visual for their support.

DEVELOPMENT REPORT

By Jacqueline Bouvier

JOCELYN HOUSE HOSPICE IS HOME

to residents with unique and interesting backgrounds who fill this special home with life! So it should be no surprise that the financial support that we receive to ensure the delivery of quality end of life care at the hospice comes in forms as diverse as the residents and their families who benefit.

Our fundraising events, Sunday Supper, Hike for Hospice, Friends for Life Luncheon and Band Together are all opportunities for our sponsors, donors, staff, volunteers and resident families to join us to support Jocelyn House Hospice. While each event is unique the common thread is to continue our mission to carry on the dream of Jocelyn Hutton: adding life to the final days for the terminally ill, and their loved ones, by providing care and comfort in a home-like setting.

In March we introduced a new campaign, 31 Days, 31 Stories, 31 Donors

to encourage individuals to become a monthly donor. We are pleased to share that 27 new monthly donors have signed up since the campaign launched. We are very grateful to Craig & Ross, Chartered Accountants for their generous matching donation of \$7500! It is not too late to sign up to become a monthly donor and help us to obtain our goal of 31 new monthly donors before the end of the year. Thank you to all of our monthly donors for their ongoing support!

Thank you to Lily Schreyer and Gary Scherbain for their donations of artwork which both brighten up our walls and also support us financially as auction pieces at our fundraising events.

A huge thank to the following donors who recently donated \$1000+: 2948690 Manitoba Ltd., All Charities Campaign, Asphaltc Paving Ltd., City of Winnipeg Employees Charitable Fund, Confidence Management

Ltd., Diane Dexter, Dorais Charities Inc., Barry Dyck, Mike Egan, Gardewine Group Limited Partnership, John Heimbecker, Lola Construction Management, Colin Lount, Lount Corporation, Manitoba Community Services Council Inc., Leesa Munroe, Gregory Patenaude, Qualico, Stan Reimer and Rhonda Adolphson Reimer, Hartley and Heather Richardson, Jeanne Schmidt, Debbie Smith, St. Andrew's River Heights United Church, The Polard Family Foundation, The Winnipeg Foundation, Kathe Tydik, Verne Reimer Architecture, Robert Williams and Leigh W. Young. We truly appreciate your substantial support!

We repeatedly hear a common sentiment from our residents, "How did I get so lucky to be here?" and the answer is, because of people like you, our donors. So on behalf of our residents and their families, as well as all of us at Jocelyn House Hospice, thank you!



Linda Robbins and Valerie Ross present Jacqueline with cozy blankets for the hospice from St. Bartholomew Anglican Church



A generous donation of garden produce from Robert and his granddaughters Margaret and May



JULIEN FRADETTE

I BEGAN VOLUNTEERING AT JOCELYN HOUSE in the summer of 2015. The opportunity to volunteer had long been a desire of mine. I was encouraged to do so as one of the residents was of a French background and he appreciated being able to converse in French. Three years later, I still enjoy visiting with residents, volunteers and staff during my weekly visits.

For something like 50 years I have been actively involved in working, and

VOLUNTEER PROFILE

‘doing’. Now that I am fully retired I look forward to just ‘being’ – being with whomever comes into my life day to day. I spend time in prayer and reflection and I’m beginning to explore new things, such as whether or not I have an artistic bent in my being by taking a class in “Starting a Sketchbook Journal.” All in all, it is to take one day at a time, being conscious of each present moment.

I have a profound sense that everyone, when they come to final days, should have the opportunity to be accompanied on that journey, to their last breath. It is a privilege for us when we are allowed to be a part of those final days. They can be times of healing, of revelation and of transformation. And above all it is a time to listen attentively to that life that is ebbing away. What greater privilege is there?

It is not every resident that wants to visit or have a conversation with volunteers. Thoughts of two residents who did enjoy a visit I value a great deal. I sat beside ‘D’ on

the sofa the day after she arrived at JH. We struck up a conversation about her new home, how she got here. Over the next 30 minutes she shared much of her life story – the joys, as well as the many pains and sorrows she suffered and was still suffering. She died two days later. Such a short time at JH but lived to the full.

‘T,’ on the other hand, was at JH for a longer time and he welcomed my visit each week. It was a privilege to listen to his story every week, and in the telling, reassure him that he was indeed loved and was of value to us all, which he doubted much of his life.

It’s the stories, as simple or as complex as they may be, that are of utmost importance.

What a privilege it was to be a very small part of those final days. And, if we can be an instrument, a listening and loving ear, in their telling, then our time with the residents is as precious as diamonds. We are the richer for the privilege of being present.



At Jocelyn House Hospice, we have a very clear idea of the role we play in our residents’ lives and a vibrant vision for what our future holds...

Our Mission

To carry on the dream of Jocelyn Hutton: adding life to final days for the terminally ill, and their loved ones, by providing care and comfort in a home-like setting.

Our Vision for the Future

To enhance and expand Jocelyn House Hospice to meet the increasing needs for end-of-life care, while ensuring the mission and values on which our organization is founded are never compromised.