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JOCELYN HOUSE

HOSPICE

live

Because people ~~die~~ here.

Spring
2018



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Young at Heart

By Jacqueline Bouvier

“I’M NOT AFRAID TO DIE”, shared Kathe, a current resident of Jocelyn House Hospice. “What scared me was being alone and suffering in pain”, she said.

After being told she had cancer and there was nothing more that could be done to cure her, Kathe made a decision; to live each day to the fullest and to choose to live joyfully. She lived at home, alone, and continued to cook, clean, even shovel her own snow last winter. As her symptoms progressed Kathe grew concerned about being alone and would often wake up in the middle of the night unable to fall back asleep. She would watch Silver Screen Classic movies to pass the time and distract her from her fears. One morning, she phoned her sister to tell her that she didn’t think she could live alone anymore, “I’m just too afraid!” she said while shaking.

That was how Kathe came to live at Jocelyn House Hospice. When she arrived she was quiet and reserved. Upon admission she asked me if it was possible to have the Silver Screen Classic movie channel added to her room, “It helps me at night”, she shared. The next day, the channel was added to the cable package and she expressed her gratitude. We spoke of some of her favorite movies and I could begin to see her coming out of her shell.

Over the next few weeks, Kathe settled into her new home welcoming her sister and nephews for visits, time she truly cherished. Kathe’s outgoing



personality emerged and the teasing and laughter began! During this time Kathe’s symptoms were brought under control and she no longer worried about suffering because she knew that each time she experienced a new or worsening symptom, the doctor and nurses would immediately address it to ensure her comfort. While Kathe enjoyed her classic movies, she no longer needed them at night; instead she discussed her fears with staff and felt comforted. Soon, she was sleeping peacefully though the night.

One evening in February, we sat in her room together and discussed her diagnosis and thoughts on death. You would expect this to have been a very solemn conversation however it was completely the opposite. As Kathe recalled stories from the past and talked about her upcoming death she had to stop twice to wipe tears from her eyes, not from sadness, because she was laughing so hard! Occasionally she would get up to retrieve an item she needed to show me to go with the story she was telling; a picture, a candy box from Germany and

Young at Heart Continued...

a tin with the image of her hometown. The discussion wove in and out of the past and into the future. Kathe told me that she is often surprised when she looks in the mirror to see her 83 year old self because inside she still feels like a young woman. As Kathe shared stories with me from her childhood in Germany during WWII and her life after immigrating to Canada I could see the twinkle in her eye and hear the delight in her voice. Many times as we discussed family, work and even true love she would laugh and say, "You can't put that in the newsletter!"; in those moments I could imagine myself sitting there with a young Kathe!

In addition to watching classic movies Kathe also enjoys working on a puzzle with her housemates, playing board games from her youth and joking with the staff and volunteers. She can often be found in the kitchen helping to prepare a meal, doing dishes or clearing the table after supper because it makes her feel useful. Kathe truly enjoys daytrips to "the farm" with her sister and nephew to feed the cats, an exciting outing to the casino with another nephew, or pizza nights with the family.

My time with Kathe has taught me that as people age it can be easy to see them as they are now and not see the whole person. Inside each of us resides that same person who loves to dance, giggle and remembers their first kiss. At Jocelyn House Hospice Kathe was able to resolve her fears and find peace which has allowed her younger self to shine through filling our house with laughter and joy!

We gratefully acknowledge these generous donors of \$1000+:

- | | |
|--|---|
| All Charities Campaign | Bryn Oliver |
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If you would like to make a difference, organize a club or employee fundraising event or donation, please contact Jackie Stephen, Executive Director, Jocelyn House Hospice, (204) 253-5898 or email jstephen@jocelynhouse.ca



Stuart Olson's Gary Schnase, VP Operations, Industrial Constructors presents Jackie Stephen with an early Christmas present for Jocelyn House, a donation of \$6000!

Laneil Smith, Manager of the Marion Hotel and Jackie Stephen present the prize of \$5472 to Crack the Safe winner Kevin Boisselle.





Winter at the Hospice



▶ Suzanne Moore (right) brought the gift of warmth to our residents as she hands over lap blankets to Jacqueline made by the Notre Dame de Lorette council of The Catholic Women's League of Canada.

▶ Residents, family, staff and volunteers gathered for a joyous evening of Christmas carolling in December.



▶ Residents and volunteers work on a puzzle together on a cold Winnipeg afternoon.

▶ A visit from volunteers Kendall and Cookie brightens resident Fred's day.



EXECUTIVE DIRECTOR'S REPORT



Jackie Stephen

AS A NON-PROFIT ORGANIZATION, Jocelyn House Hospice relies on the generosity of our community to provide financial support. We receive government funding that covers approximately 60% of operating costs and the balance comes from individual donors, local businesses, foundations and fundraising events.

We are very grateful for a dedicated and loyal group of donors who continue to give every year to support the end of life care for the residents at our hospice. People give for various reasons; to honour or memorialize a loved one, in gratitude or appreciation for the care provided to residents, to support continued access to quality palliative care, to name a few.

In 2017, Jocelyn House was chosen by a number of organizations and businesses as their *charity of choice* as they held their own fundraising events, with the proceeds directed to the hospice. These events included **employee giving campaigns** like bake sales, Denim Days, ice cream socials, Starbucks days and employer matched donations. Thank you very much to Stuart Olson, HIROC, City of Winnipeg Retired Employees and Manitoba Public Insurance for your great teamwork and generous support of Jocelyn House.

There were other groups and individuals who organized **third party events** in support of the hospice last year including the St. Gianna's Church Knights of Columbus, Catholic Women's League St. Bernadette Parish Council, United Catholic Women's League - St. Anne's Church, Joe & Shirley Salay 65th Wedding Anniversary, Class of 1980 Kelvin High School Reunion, Dave Christie's Saikel for Charity and others. We are so grateful to all of the individuals who organized events as well as those whose participation helped Jocelyn House.

We would also like to thank and recognize the owners, management and patrons of the Marion Hotel who supported Jocelyn House in two major ways! They hosted a weekly Crack the Safe promotion for 42 weeks and also held a Motorcycle Show & Shine with proceeds to JHH. Both events raised a total of \$9012!

Lastly, there are a number of people and companies who made major contributions to support our work and Jocelyn House residents. Heartfelt thanks go to the Manitoba Community Services Council

Inc., Bob Williams and Swancoat Investments, Richard Brown-scombe, Parish & Heimbecker, Limited, Sunrex Management Ltd, Jim & Leney Richardson, Pollard Family Foundation, City Mix Inc., Jurai Bohna, Wayne Pratt, Red River Cooperative Ltd, St. Andrew's River Heights United Church, Don White and Hartley & Heather Richardson.

Thank you so much to all of the individuals, foundations and businesses that generously supported our hospice in 2017 and to those who will join our Jocelyn House family this year.

Happy Spring!

DEVELOPMENT REPORT

MY LIFE HAS TRULY BEEN BLESSED over the last year in my new role at Jocelyn House Hospice. In addition to the opportunity to spend time daily at the house in my role as Manager of Volunteers and Spiritual Care, I have the privilege to share the stories of Jocelyn House's impact as the Manager of Development.

We are grateful to Simon Fuller and The Lance, Tyler McFadden and CTV National (Your Morning), Melissa Martin and Ruth Bonneville of The Winnipeg Free Press and Nicole Dube of CTV Morning Live (Community Connection) for sharing life at Jocelyn House Hospice with their audiences. We are so fortunate to have received their support to create awareness about our hospice and as each reporter left the house they shared that they had been personally impacted by the time they spent at Jocelyn House. *One shared, "I, truly, enjoyed spending my day with the residents and staff at Jocelyn House. The home is filled with so much love and care that you can't help but leave in a spirit of peace. You are a big part of creating that loving environment and it doesn't go unnoticed. Everybody I came in to contact with couldn't stop talking about how wonderful this home is. Keep up the great work of continuing on the legacy of caring for, not just the body, but, the mind and the spirit, of those in the final stages of life that Jocelyn's parents started so many years ago."*

While we have enjoyed the increased awareness of Jocelyn House Hospice we continue to focus on raising 40% of our operating costs annually. I am pleased to share the news of **two new fundraising initiatives** by Jocelyn House Hospice and invite you to be a part of their success.

Our first new initiative will be an online campaign called **31 days...31 stories...31 donors** which will encourage people to become a Jocelyn House Hospice **monthly donor**. Each day in March we will highlight a story from the past ten years as inspiration to support life at Jocelyn House Hospice. Follow us on Facebook or confirm that we have your email to ensure you receive these inspiring stories. Visit our website to become a monthly donor today!

I'm excited to announce that on Sunday, May 6 we will host **Hike for Hospice 2018**, in partnership with Palliative Manitoba. Staff, volunteers, community members and resident's family and friends will gather to walk in support of Jocelyn House Hospice. The hike will begin and end at Shaw Park and I encourage you to invite your family and friends to join Team "Jocelyn Hutton" or to create your own team. The purpose of the hike is to raise awareness of hospice palliative care and all money raised on our Hike webpage will directly support Jocelyn House Hospice. The link to our Hike for Hospice webpage is on our website.

There are many different ways to show your support for the quality end-of-life care and compassionate support we provide at Jocelyn House Hospice. Become a monthly donor in March, join us at the table at our 9th Annual Sunday Supper in April, Hike with us in May or bring a friend to our 3rd Annual Friends for Life Luncheon in June. However you choose to support us, thank you!

I hope to have the opportunity to meet at one of our events this year.

Jacqueline Bouvier

Don't miss our popular Spring Fundraising Events

- **9th Annual Sunday Supper**, April 22nd at The Gates on Roblin
- **3rd Annual Friends for Life Ladies Luncheon**, June 14th at the Fort Garry Hotel

Tickets can be purchased online at www.jocelynhouse.ca or at 204-253-5898.

Coming Soon!

3rd Annual Friends for Life Ladies Luncheon
IN SUPPORT OF JOCELYN HOUSE HOSPICE
Thursday, June 14, 2018
The Fort Garry Hotel
11:30 - 1:30pm
TICKETS: \$75

9th ANNUAL Sunday Supper
IN SUPPORT OF JOCELYN HOUSE HOSPICE
SUNDAY APRIL 22, 2018
The Gates on Roblin
6945 Roblin Blvd, Winnipeg, MB
5:00 pm - Reception | 6:00 pm - Dinner
TICKETS: \$150

PRESENTED BY
JG JOHNSTON GROUP

For more information, please call (204) 253-5898 or email jbouvier@jocelynhouse.ca



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Kerri Sutherland, LPN

STAFF PROFILE

I HAVE BEEN IN A CASUAL POSITION AT JOCELYN HOUSE HOSPICE for almost 5 years. From the moment I walked into the house I could feel the beauty and peace. I knew this was the right place for me to care for the residents as they journeyed toward the end of their days. The staff and volunteers at Jocelyn House are amazing and it is very rewarding to watch the joy given to each and every one of the residents. Many tears have

been shed, many hugs have been given and many laughs have been had. One day as I was caring for a lovely lady I looked out the window and there were three deer standing there and I shared this with her. She was a nature lover and asked me if I could please help her to the window to see them. She was quite weak but very determined and we were able to get her up to enjoy the moment; the smile on her face warmed my heart. My husband Ken and I have been married for 25 years, we have four children and have always been very involved in their activities. I enjoy cross country skiing, reading and watching hockey.

Please remember Jocelyn House Hospice in your Will. Choosing to leave a legacy brings meaning, dignity and purpose to a life well lived. Your gift is your opportunity to participate in community charitable work and enable worthy causes such as Jocelyn House Hospice to be well supported now and long after you have gone. Personal philanthropy through leaving a gift in your Will can be an additional way to ensure that your memory lives on.

Please fill out & mail the following form, or donate online: www.jocelynhouse.ca

YES, I would like to help Jocelyn House with a gift of: \$50.00 \$100.00 \$150.00 Other \$ _____

Method of Payment: Visa MasterCard Cheque

Card #: _____ / _____ / _____ / _____ Expiry Date: _____ / _____

Home Phone () _____ Signature: _____

Mr. Mrs. Ms. Mr. & Mrs.

Name: _____

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By giving my email address I consent to receiving information from Jocelyn House Hospice.

Thank You

Please make cheque payable to: **Jocelyn House Hospice**

My donation is made in memory of:

Name: _____

Please do not list my name for recognition purposes

Mail completed form & cheque to:

Jocelyn House Hospice • 177 Egerton Rd • Winnipeg, MB R2M 2W7

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VOLUNTEER PROFILE

SHELLEY MCFEETORS AND COLLEEN MATTHEWS

Shelley McFeetors (left) loves her time at Jocelyn House Hospice so much that she inspired her sister, Colleen Matthews (right) to volunteer and now they both support our residents.

JOCELYN HOUSE HOSPICE is blessed with so many dedicated and compassionate volunteers. When we think of the impact of hospice we immediately think of the residents and their families, however the lives of our volunteers are also enhanced by the time they spend at Jocelyn House Hospice as well. Shelley McFeetors (left) loves her time at Jocelyn House Hospice so much that she inspired her sister, Colleen Matthews (right) to volunteer and now they both support our residents.

SHELLEY MCFEETORS

I DECIDED TO VOLUNTEER at Jocelyn House Hospice after my mom's death; I felt that I wanted to have a more direct impact on palliative patients at the end of life.

I enjoy offering support to residents and their family members to help them to feel as "normal" as possible during this very challenging time. I do this by making each visit special, Bar-b-q bubble parties, holiday celebrations, holding hands and even cleaning closets. Every moment should be made special each day because you never know when it could be the last! Make every moment count!!!

COLLEEN MATTHEWS

I WAS MOTIVATED TO BECOME A VOLUNTEER as a result of my sister, Shelley, telling me that Jocelyn House Hospice was in need of volunteers. I feel a "spiritual calling" to care for people in need. As a companion, I help residents spend their time "living" to the best of their ability. This is done through simple things like making coffee and engaging in thoughtful conversation. In the short time that I have been a companion, my life has been enriched by my interactions with the residents.

My favourite memory so far was an evening of carolling in December. All four residents participated along with family, staff and volunteers. It was a magical and happy evening that I won't ever forget!



At Jocelyn House Hospice, we have a very clear idea of the role we play in our residents' lives and a vibrant vision for what our future holds...

Our Mission

To carry on the dream of Jocelyn Hutton: adding life to final days for the terminally ill, and their loved ones, by providing care and comfort in a home-like setting.

Our Vision for the Future

To enhance and expand Jocelyn House Hospice to meet the increasing needs for end-of-life care, while ensuring the mission and values on which our organization is founded are never compromised.