

live  
Because people die here.

**FALL 2019**

**INSIDE:**

**Development  
Report:**  
Jacqueline  
Bouvier

**Upcoming  
Events:**  
• Band Together  
• Garage and  
Art Sale  
• Behind  
Closed Doors

**Executive  
Director's  
Report:**  
Jackie Stephen

**Third Party  
Events**

**Staff Profile:**  
Kristen Furgus



**Jocelyn House  
Hospice:**

***A Lifelong Friend***

**OUR HOSPICE CARE BEGINS THE MOMENT AN**

individual walks through the front door, and continues long after they have lived their last day at Jocelyn House Hospice (JHH). Many people think that "Hospice" is a place; however it is much more than a place, it is an approach to care focused on life, not death. Hospice care extends to family and friends, helping them care for their loved one and care for themselves as they navigate through this stage of life.

Once a resident dies, our hospice care doesn't end; we continue to support the family and friends through their loss, grief and bereavement.

Jocelyn House Hospice is much more than a healthcare facility, it is a home. JHH is a place where relationships are formed and nurtured.

It is a common sight at JHH to have a family member or friend of

a former resident stop by with a donation, baked goodies, or to say hello and get a hug. At our 2019 Friends for Life Luncheon, the daughter of a former resident, Deb shared her reflections on her Mom's time at JHH. "We will be forever grateful for the opportunity to have been introduced to Jocelyn House and the warm, kind compassion that exemplifies the level of care that everyone who is associated with the House exudes. As a proud Scot, one of my Mom's wishes was to bring shortbread cookies to the house for the holidays, which she was not able to do but our family did and now carries on as an annual tradition for the house holiday party. Another gift that Jocelyn House accepted to honour our Mom was to allow us to donate one of her favourite pictures to the

house in her memory – a needlepoint poppies picture. What a delight it was for us to see her favourite picture displayed at the Celebration of Life for those who had passed."

Hospice care is a type of care and philosophy of care that addresses the individual's pain and symptoms, as well as attending to their emotional and spiritual needs. At JHH we strive to meet the unique needs of each individual resident. Whether it is time

in nature, special meals or family gatherings we make every effort to add life to their final days. One family shared their gratitude in a letter after their father's passing, "We couldn't feel more grateful that dad found his way here to you. The goals that we worked together with him to achieve in this last chapter of his life were to live with comfort, peace, security

and above all, love. There is no doubt that each of you had a part in ensuring that these goals were met."

Caring for the family once a resident has died is an integral part of the palliative care process. At JHH that process includes sharing resources for grief support, a quarterly Celebration of Life, a remembrance at the one year anniversary and ongoing support in between.

In closing her reflections at the Luncheon, Deb shared, "Like my lifelong friendships, Jocelyn House is now part of the fabric of our family mosaic and we hope to be able to continue to support their important work in our community, just like we do for each and every one of our friends because Jocelyn House truly demonstrates the power of relationships!"



Deb, Marlene, Sonia, Alex and Nadia; JHH is now a part of the fabric of their family mosaic.

# DEVELOPMENT REPORT

**I RECENTLY HAD ONE OF THE MOST POWERFUL MOMENTS I'VE ENCOUNTERED AT JOCELYN HOUSE. UPON MEETING A NEW RESIDENT,** on his third day in his new home, he began to cry. I sat with him, held his hand and inquired as to what was causing him so much pain. Was it physical? No. Was it emotional; was he afraid or anxious? No. We continued to sit together in silence; then he took a deep breath, looked right into my eyes and said, "I'm just so relieved to be here; in my wildest dreams I never imagined that a place like this existed."

Jocelyn House Hospice does exist and that is because of the support of our amazing community and people like you!

**We are so grateful to the following individuals, companies and community organizations for their recent donations.**

The **RBC Foundation** for their generous grant of \$8,000 to help *Create a Community of Support*.

**Craig & Ross, Chartered Professional Accountants** for their donation of \$6,240 which matched the annual amount pledged by new monthly donations in our Share the Love All Year Long Campaign. Thanks to their generosity 22 new monthly donors enrolled in February!

**The Pollard Family Foundation** for their ongoing support of the work we do with a \$5,000 donation.

Donors of \$1,000+: **All Charities Campaign, Dorais Charities Inc., Julie Duesterhoeft, Douglas Harvey, Knights of Columbus St. Timothy Council #10247, Les Missionnaires Oblates de St-Boniface, Susan Neufeld, Porchlight Developments Ltd. and The City of Winnipeg Retirees Charitable Fund.**

Our *Sunday Supper* supporters: Title Sponsor, **Johnston Group**, Event sponsor, **Shape Industries**, Wine Sponsor, **Manitoba Liquor Marts**, Table Sponsors, **Asphaltec, BDO, Black & McDonald Limited, Payworks, S.R. Technical Services** and donors, **Banville & Jones Wine Co., Bee Clean, Brad's**

**Window Cleaning, Clearwater Leasing Ltd., Christine & Marcel Girardin, David Luke (Manulife Securities), Dr. Paresh Shah, Earl & Cheryl Barish, Freedom Fire Inc., Henry Haganaars, Hart Pollack, Kevin Prins, Kim McCartney (Richardson GMP), Mike Egan, Network Adjusters, Pizzeria Gusto, Ruth Cowan, South Beach Community Spirit Fund, St. Vital Centre, The Gates on Roblin, Top Hat Florists Ltd., True North Sports and Entertainment, Union Insurance Brokers, Wescan Electrical Mechanical Services, and WOW! Hospitality Concepts Inc.**

Our *Friends for Life Ladies Luncheon* supporters: Event Sponsor, **BMO**, Media Sponsor, **Energy 106/Hot 100.5**, Table Sponsors, **Parkes Team – Royal LePage Dynamic Real Estate, Terracon Development Ltd., and The Fort Garry Hotel** and donors **Petals West, Freeman Audio Visual, Aevi Spa Salon & Accessories, Banville & Jones Wine Co., Birchwood Auto, Boston Pizza, Dakota Community Club/Jonathan Toews Sportsplex, Delta Winnipeg Hotel, Diva Lingerie, Float.Calm, Fort Garry Hotel, Gail Asper, Glenwood Draperies, Master Roofing, Mid-West Packaging, Prairie Theatre Exchange, Rave Massage, Rodan & Fields (Linda Russell), Simply Automated, St. Vital Centre, To-Le-Do Foodservice, Top Hat Florists, Trans Canada Brewing Company, True North Sports & Entertainment, Van Houtte Coffee Services and WOW! Hospitality Concepts Inc.**

On behalf of each resident, and those who love and support them, thank you for helping us to add life to their final days. Together we create a safe, caring and home-like environment where people can live with dignity.

With gratitude,  
Jacqueline Bouvier  
Manager of Volunteers, Spiritual Care and Development



Boards of Directors, Jocelyn House Inc. and Jocelyn Hutton Foundation



# EXECUTIVE DIRECTOR'S REPORT



Jackie Stephen

## THIS YEAR'S ANNUAL GENERAL MEETING OF

Jocelyn House Hospice and Jocelyn Hutton Foundation was held on June 19th and for many of us it was an emotional time as we reflected on the past and our experiences. When Jocelyn House supporters gather and talk about the work we do, it is not unusual to see

eyes fill with tears and occasionally spill over. On that particular evening however, it was especially touching because we were saying thank you and goodbye to four long time Board members. Each of those in attendance shared their personal reasons for joining the Boards and their experiences during their tenure. Their collective 26 years serving on the hospice and foundation Boards was invaluable for many reasons and all will be greatly missed. I'd like to thank **Dr. Christian LaRiviere, Kim McCartney, Karl Loepp and Tracy McMahon** for your many years of service to our organization and countless contributions of your time, expertise, leadership and support. We are very grateful to all of you and wish you all the very best.

As we sadly said goodbye to some, we also happily welcomed new members to our Boards and I am pleased to announce the new additions to the Jocelyn House Hospice Board, Lisa Moore and Dr. Paul Daeninck and joining the Jocelyn Hutton Foundation Board is Sandi Mowat. We are very pleased to welcome the new Board members and thank those members who are continuing their service on the Boards. The officers for the 2019-2020 year were appointed and are the following; **Jocelyn House Hospice** – Maureen Hancharyk – Chair, Lisa Moore – Vice Chair, Mike Barker – Treasurer and **Jocelyn Hutton Foundation** – Cheryl Mazur – Chair and Kevin Prins – Treasurer.

If you are interested in supporting Jocelyn House by becoming a volunteer or perhaps joining one of our Boards, please contact me at [jstephen@jocelynhouse.ca](mailto:jstephen@jocelynhouse.ca) to discuss current openings.

Thank you for your support and best wishes for a happy and healthy Fall season.

Jackie Stephen, Executive Director  
Jocelyn House Hospice/Jocelyn Hutton Foundation

# Upcoming Events

## Early Bird Draw

Support Jocelyn House Hospice, attend an entertaining event AND have a chance to win 4 tickets to a Winnipeg Blue Bombers Game!



On Thursday, October 24 at the West End Cultural Centre, we are hosting our 7th Annual Band Together Concert. Last year's concert was nominated for a Winnipeg Nightlife and Lifestyle Award in the category of Performing Arts Show of the Year! So don't miss this year's show!!!

Buy your tickets online at [www.jocelynhouse.ca](http://www.jocelynhouse.ca) on or before Thursday, September 19 at 1:00pm and you will be entered to win 4 tickets to see our Winnipeg Blue Bombers vs. the Hamilton Tigercats on September 27 at 7:30pm.

## Behind Closed Doors

Mark your calendars for an evening of great deals and entertainment at St. Vital Centre's 10th Annual Behind Closed Doors Event on Saturday, November 16 from 7 – 10:30pm. Tickets are only \$5 each! 100% of the proceeds of tickets purchased from Jocelyn House support our hospice. Watch our website and Facebook page for more details in the weeks ahead.



## SAVE THE DATE & SEND YOUR STUFF

Saturday, September 21, 2019

835 Sterling Lyon Parkway | 8am - 4pm

**SUGGESTED DONATIONS:** Artwork, furniture, toys, luggage, books, electronics, clothes, bikes, kitchen & housewares, holiday décor, sporting equipment, and more! All donations should be clean and in working condition.

**Contact Jacqueline at 204-799-6130** for more information and/or to schedule a donation drop-off.  
Thank you!

# BAND TOGETHER

CONCERT IN SUPPORT OF  
JOCELYN HOUSE HOSPICE

## SONGS FROM THE 80's, 90's, and WHATEVER!

THURSDAY, OCTOBER 24, 2019

WEST END  
CULTURAL CENTRE

586 ELLICE AVENUE COCKTAILS AT 7:00 PM  
SHOW AT 8:00 PM

TICKETS  
\$50

TICKETS AVAILABLE AT  
**JOCELYNHOUSE.CA**  
OR **CALL 204-253-5898**







## STAFF PROFILE

# Kristen Furgus

## I STARTED WORKING AT JOCELYN HOUSE HOSPICE (JHH) IN 2015 AFTER MOVING FROM

Toronto, where I had previously done private palliative care. When I heard about JHH I jumped at the opportunity to join the team. Working in hospice has been one of the most fulfilling paths I have taken. JHH doesn't feel like work, I walk through

the front door and feel as though I'm stepping into my home away from home.

Family is very important to me. I have 3 amazing children Aaliyah 14, Jordan 12 and Emma 10 who are my inspiration as well as my motivation. My husband Devin and I have been together for 16 years and he's my rock. I'm forever grateful to my dad who encouraged me to go into nursing and to my mom and brothers Andre and Nigel who have always been supportive of me. I enjoy spending time with my family, watching movies, reading, writing and listening to music. As former Torontonians my family and I are huge Toronto Raptor fans and enjoy watching basketball games together.

Working in hospice can be challenging, however caring for our residents, as their nurse, in their final weeks, days and hours is forever humbling. There is no course or textbook that can adequately prepare you for the feelings you go through in caring for someone in their final days. I'm a believer that it is the little things that make a difference and we see that every day at JHH.

It's human nature to go full speed at times; working at JHH has taught me the need to slow down and enjoy the journey and those you spend that journey with. One thing in life that is guaranteed is death, and at the end of the day it's not how you died but how you lived your life. Jocelyn House Hospice ensures that our residents spend their time living and enjoying their final time no matter how long or short their stay with us may be.

**"Working in hospice can be challenging, however caring for our residents, as their nurse, in their final weeks, days and hours is forever humbling."**

**- Kristen**



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Like Jocelyn House Hospice on Facebook  
Follow us on Twitter @Jocelynhospice



## 2019/2020 BOARD OF DIRECTORS

### Jocelyn House Hospice

Maureen Hancharyk, *Chair*  
Lisa Moore, *Vice Chair*  
Michael Barker, *Treasurer*  
Laura Kwiatkowski  
Kelsey Hutton  
Trevor Buhnai  
Dr. Paul Daeninck  
Cheryl Mazur – *Chair, Jocelyn Hutton Foundation*

### Jocelyn Hutton Foundation Inc.

Cheryl Mazur – *Chair*  
Kevin Prins – *Treasurer*  
Dr. Lorne Brandes  
Becky Parkes  
Julie Holliday  
Ruth Cowan  
Sandi Mowat  
Maureen Hancharyk – *Chair, Jocelyn House Hospice*

Please fill out & mail the following form, or donate online: [www.jocelynhouse.ca](http://www.jocelynhouse.ca)

YES, I would like to help Jocelyn House with a gift of: ☐ \$50.00 ☐ \$100.00 ☐ \$150.00 ☐ Other \$ \_\_\_\_\_

Method of Payment: ☐ Visa ☐ MasterCard ☐ Cheque

Card #: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_ Expiry Date: \_\_\_\_\_ / \_\_\_\_\_

Home Phone ( ) \_\_\_\_\_ Signature: \_\_\_\_\_

☐ Mr. ☐ Mrs. ☐ Ms. ☐ Mr. & Mrs.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Postal Code: \_\_\_\_\_

E-mail: \_\_\_\_\_

By giving my email address I consent to receiving information from Jocelyn House Hospice.

## Thank You

Please make cheque payable to: **Jocelyn House Hospice**

My donation is made in memory of:

Name: \_\_\_\_\_

☐ Please do not list my name for recognition purposes

Mail completed form & cheque to:

Jocelyn House Hospice • 177 Egerton Rd • Winnipeg, MB R2M 2W7

t 204.255.1781 • f 204.256.8157 • inquiries@jocelynhouse.ca  
[www.jocelynhouse.ca](http://www.jocelynhouse.ca)



# Helping Us Help Others – Third Party Events

## Cakes for a Cause

A huge thank you goes out to the Southdale Red River Co-op for choosing Jocelyn House Hospice as the charity for their 2019 Cakes for a Cause Campaign. Thanks to everyone who came by to purchase a delicious cake, make a donation and learn more about the hospice care we provide in our community.



## Paint Nite

Have you ever wondered how you can support us? Recently two Jocelyn House Hospice staff members, Cindy and Kerri hosted a Paint Nite Fundraiser with the proceeds supporting the compassionate care we provide. Their family and friends joined them for a fun evening of painting, met new friends and learned the value of hospice care. If you would like to host a Paint Nite, Candle Maker, Design a Sign Party or other third party event contact Jacqueline Bouvier at [jbouvier@jocelynhouse.ca](mailto:jbouvier@jocelynhouse.ca).



At Jocelyn House Hospice, we have a very clear idea of the role we play in our residents' lives and a vibrant vision for what our future holds...

### Our Mission

To carry on the dream of Jocelyn Hutton: adding life to final days for the terminally ill, and their loved ones, by providing care and comfort in a home-like setting.

### Our Vision for the Future

To enhance and expand Jocelyn House Hospice to meet the increasing needs for end-of-life care, while ensuring the mission and values on which our organization is founded are never compromised.