

live
Because people ~~die~~ here.

SPRING 2019

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A Home Fit for a Queen

By Jacqueline Bouvier

ON A BITTERLY COLD Winnipeg winter afternoon, Kay sits in the warmth of the living room of Jocelyn House Hospice in a comfortable recliner. She is enjoying the company of her family and the aroma of one of her favorite dishes, a Layered Sauerkraut Casserole, cooking in the oven. On this Saturday, her guests are her son Herb and daughter-in-law Shary, who are visiting from Chilliwack, BC. As Shary works in the kitchen making the casserole and Kay's favorite dessert, Black Forest Cake, Herb sits reminiscing in the living room with his Mom.

Kay grew up in Yugoslavia then fled to Austria in 1941 during WWII and immigrated to Canada in 1950. Growing up during the war in a large family, Kay learned how to make the most out of everything she had, like baking bread from scratch and cooking simple but delicious meals with very few ingredients.

An independent and hard working woman, Kay always worked multiple jobs to make money, never spending a dollar until she earned it. A proud "penny pincher" Kay purchased her first home as a single woman in 1954 and with sheer determination she upgraded a few years later and paid off her mortgage in just 15 years. Kay has always known the value of a dollar and the importance of having a good home.

Kay started her family at 38 years old and had two children, Herb and Sylvia. At 51, Kay became a single Mom, yet her son says they never went without. When asked how he would describe his mom, Herb said, "Selfless!" without hesitation, then he continued, "and determined." Kay, normally quiet and serious, giggled. "Yes I am!" she says with a smile. Then she is distracted for a moment, checking in with Shary to see how the cooking is coming along in the kitchen. With experience as a chef at the Winnipeg Winter Club and Charleswood Golf and



Country Club, Kay often shares her expertise in the kitchen with staff and volunteers at Jocelyn House.

When Kay was young she thought that she had to provide everything for herself and her family. At this point in her life she has learned that it is God who provides. She is a woman of strong faith and believes that by putting her life in God's hands she has

A Home Fit for a Queen

Continued...

never gone without. When Kay became sick and could no longer live in her home, a decision was made to live at Jocelyn House Hospice. Just like when she arrived in Canada so many years before, Kay had no idea what to expect. Kay shares, "I had never heard of Jocelyn House but the people at the hospital said so many good things about it so I trusted them." When asked now what it is like to live at the hospice, Kay seriously replies, "They treat me like a queen. It is so hard to get used to!" Kay is used to serving others, not being served. She delivered Meals on Wheels for over ten years, stopping less than five years ago due to her failing health.

Kay's children both live out of the province, but come to visit regularly. Kay also enjoys time with her step-daughter, Irene and her children and grandchildren. They are all grateful that she is safe and comfortable in her new home where they too, can make themselves at home when they visit.

Kay, a woman of faith and service, has always led by example. Her daughter-in-law Shary, describes her as "the most positive person I know". We are grateful to benefit from Kay's wisdom and presence at Jocelyn House Hospice; her home, a home fit for a queen!

GOOD MATH

JOCELYN HOUSE HOSPICE AND OUR FRIENDS

at Craig & Ross, Chartered Professional Accountants have an amazing math equation for you!

When does 25 people donating \$25 equal \$15,000 to help add life to final days?

Well, that's where you come in!

We NEED 25 people to sign up to become a Jocelyn House Hospice monthly donor in the amount of \$25 between February 14 and March 14.

Craig & Ross, Chartered Professional Accountants will MATCH those donations, in the annual amount up to \$7,500, allowing your donation to have twice the impact.

Visit our website at jocelynhouse.ca to sign up to become a monthly donor and share your love all year long!

Thank you to Craig & Ross, Chartered Professional Accountants for supporting this initiative for the second year in a row!

If you would like to make a difference, organize a club or employee fundraising event or donation, please contact Jackie Stephen, Executive Director, Jocelyn House Hospice, (204) 253-5898 or email jstephen@jocelynhouse.ca



St. Vital Centre's BEHIND CLOSED DOORS

Thank you to St. Vital Centre for their ongoing support through their Behind Closed Doors Charity Event. The evening was a great opportunity to raise money and connect with people in our local community. Our staff and volunteers met so many people with connections to Jocelyn House Hospice, Jocelyn Hutton and her family.

Thank you to Red River Co-op for their donation of \$3,000 of Red River Co-op gift cards. Their donation will be used to buy groceries for our home-cooked meals which supports the nutrition and well-being of our residents.



VOLUNTEER PROFILE



MONIQUE MILNE & LUCILLE SYLVESTRE

Monique and Lucille, sisters-in-law, volunteer every Friday night together to make supper at Jocelyn House Hospice. The sound of laughter and the aroma of their delicious home-cooked meals can be heard and smelled throughout the house when these two compassionate women grace us with their presence and culinary skills.

Monique:

I volunteer at Jocelyn House Hospice because my parents had a beautiful death. Was it tough? Of course it was because no one wants to lose a loved one. By beautiful I mean they were surrounded by family, love, respect and compassion. Everyone came together for them and that is what was truly beautiful. I now realize how lucky we are as a family to have shared that. So now my motivation is to bring comfort to the terminally ill. No one should die alone and no one should ever feel they are not loved or important. If I can help with that even just a little I believe that donating my time is well worth the effort.

My inspiration comes from the patients. There is no greater gift on earth than being able to bring a smile and share a laugh or a few tears with such courageous people. When they smile it brings me such joy that I feel as though I am the one receiving the gift.

I have so many wonderful memories but watching a 97 year old resident exercise and do squats better than I can is unforgettable! I have to say that I do love sharing a meal with everyone, the residents, nurses and health care workers are all so special and when we come together at the table it is like we are one big happy family!

Lucille:

I was motivated to volunteer at Jocelyn House by best friend who suffered from MS for 45 years. In her latter years I made a commitment to visit and care for her twice a week. In doing so I realized that in addition to helping her I was also serving God. After she passed I saw an article in the Lance featuring Jocelyn House Hospice and felt like that was where I was called to serve next.

I am an advocate for living fully each day until the natural end of life and I want to be part of that journey. I know the courage it takes to accept and endure suffering and to see the staff at Jocelyn House Hospice doing everything possible to make the residents comfortable.

My favorite memory was a couple of days prior to one resident's passing. Monique and I went to see him in his room to tell him that we were praying for him and that he was such a Good Man. He had affectionately named us the "Twisted Sisters" and we enjoyed his company as he helped us wash the dishes or he played a hand of crib with Monique. As we were saying Goodbye; he told us that he loved us and I will always cherish that moment.



Jackie Stephen

aged to make a donation to Jocelyn House Hospice. Mr. Hutton's friends and family members sent donations and shared memories and stories of their involvement with the Huttons and their high regard for the now 90 year old patriarch. Bill's son, John, accompanied out of town relatives, in Winnipeg for the birthday celebration, for a visit and tour of Jocelyn House.

It has been over 33 years since Mr. Hutton and his wife Miriam, founded

EXECUTIVE DIRECTOR'S REPORT

ON JANUARY 30TH, 2019, Bill Hutton celebrated his 90th birthday. In lieu of gifts, invited guests were encouraged to make a donation to Jocelyn House Hospice. Mr. Hutton's friends and family members sent donations and shared memories and stories of their involvement with the Huttons and their high regard for the now 90 year old patriarch. Bill's son, John, accompanied out of town relatives, in Winnipeg for the birthday celebration, for a visit and tour of Jocelyn House.

Jocelyn House Hospice, in memory of their daughter Jocelyn. She was a very remarkable young person, who passed away at the age of 17, following her battle with cancer. Inspired by their daughter's strength and courage, the Huttons generously donated their family home to the community, which became Western Canada's first free-standing hospice in 1985.

Decades later, the Hutton family remains committed to the hospice, supporting events and fundraising initiatives and Jocelyn's niece, Kelsey is a member of our Hospice Board of Directors. In our orientation process for new staff and volunteers, we have them watch a video of an interview Jocelyn did on CBC's Man Alive and the history of the hospice and the Hutton family is shared.

We are grateful to Bill Hutton and his family, not only for their continued support, but also for their vision and determination to create a legacy for their daughter, which has had a profound impact on so many in our community on their end of life journeys.

The spirit of Jocelyn lives on in our hospice and she and her family continue to inspire us in our work to provide care and comfort for the terminally ill, and their loved ones in a home-like environment.

To make a donation to Jocelyn House, in memory or in honour of a loved one, please visit our website at jocelynhouse.ca/donate_now.php or by calling our Foundation office at (204)253-5898.

Thank you for your support and best wishes for a happy and healthy Spring!

DEVELOPMENT REPORT

By Jacqueline Bouvier



James from J1S Electrical installing "Rorrie's Lights" in the kitchen

I AM ALWAYS IN AWE of all the ways that Jocelyn House Hospice receives support! Large corporations, foundations, local businesses, community members, volunteers and the family and friends of our residents donate to Jocelyn House Hospice because they know the importance of quality of hospice care. Fundraising events, third party fundraisers, and donations all contribute to our operating costs.

Jocelyn House Hospice was inspired by the life of a remarkable 17 year old, and the strength and courage of Jocelyn Hutton still influences us today.

Recently, I was inspired by another young lady, 14 year old Rorrie. She volunteers once a month with her mom, Melanie, to make supper and spend time visiting with our residents. The very first time she made supper, one of our residents commented it was the best meatloaf he had ever eaten and

there was an instant connection! He continued to enjoy Rorrie's company and delicious meals during his time with us. While making supper in our kitchen that evening Rorrie noticed that the lighting wasn't as bright as her kitchen at home. Later that evening Rorrie went home and shared her volunteer experience with her dad, Darcy. A few weeks later Darcy, owner of J1S Electrical contacted me and asked if he could drop by to take a look at our lighting. In February Jocelyn House Hospice received the gift of upgraded lighting in our living room, dining room, front entrance, kitchen, laundry room, storage room, nursing area and of course, the kitchen. Rorrie saw that we had a need and she inspired the people in her life to improve the quality of life of others. Thank you to Rorrie, Melanie and Darcy Jones and J1S Electrical for the generous donation to Jocelyn House Hospice.

Jocelyn and Rorrie remind me that regardless of your age or circumstance in life we all have the power within us to affect the quality of life of others.

Thank you for helping us to provide care and comfort in our home-like setting for over 33 years. Fundraising events, third party fundraisers, and donations all help to offset our operating costs.

With gratitude,

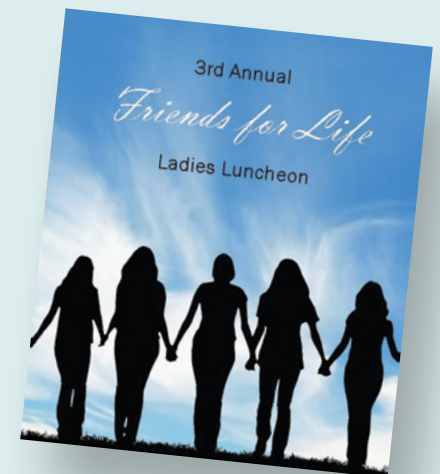
Jacqueline Bouvier

Manager of Volunteers, Spiritual Care and Development

Don't miss our Spring Fundraising Events



- **Sunday Supper - April 7, 2019**



- **Friends for Life Ladies Luncheon - June 12, 2019**

Tickets can be purchased online at jocelynhouse.ca or at 204-253-5898.

We gratefully acknowledge these generous donors of \$1000+:

All Charities Campaign
Cheryl Barish
City of Winnipeg Employees Charitable Fund
Jewish Foundation of Manitoba
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Bruce Kochen
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West End Radiators
The Winnipeg Foundation



DONNA ANDRUSIAK, LPN

STAFF PROFILE

AFTER ALMOST 30 YEARS in long-term care I was ready for a change. I had worked in palliative care as a health care aide many years ago and when the opportunity presented itself, just over two years ago, I was able to take early retirement from my previous job and work at Jocelyn House Hospice.

Dying is a part of life for everyone and none of us know when that will be. Some people have more time to prepare than others. My faith helps me feel like I'm a part of our resident's journey. It feels uplifting for me to see someone smile and get excited over something as simple as having a poached egg at two in the afternoon, enjoy fresh coffee at 6:00am or have a family member make a cherished recipe for them in our kitchen.

In my spare time my husband and I like to read, relax with our pets and enjoy the flowers and birds in our backyard.

Please remember Jocelyn House Hospice in your Will. Choosing to leave a legacy brings meaning, dignity and purpose to a life well lived. Your gift is your opportunity to participate in community charitable work and enable worthy causes such as Jocelyn House Hospice to be well supported now and long after you have gone. Personal philanthropy through leaving a gift in your Will can be an additional way to ensure that your memory lives on.



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Follow us on Twitter @Jocelynhospice



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Please fill out & mail the following form, or donate online: www.jocelynhouse.ca

YES, I would like to help Jocelyn House with a gift of: ☐ \$50.00 ☐ \$100.00 ☐ \$150.00 ☐ Other \$ _____

Method of Payment: ☐ Visa ☐ MasterCard ☐ Cheque

Card #: _____ / _____ / _____ / _____ Expiry Date: _____ / _____

Home Phone () _____ Signature: _____

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By giving my email address I consent to receiving information from Jocelyn House Hospice.

Thank You

Please make cheque payable to: Jocelyn House Hospice

My donation is made in memory of:

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Mail completed form & cheque to:

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Winter *at the* Hospice

How do you spend a cold winter day
at Jocelyn House Hospice?

Gather for a delicious
meal and great
company around the
dining room table



Share a laugh with
a volunteer

Visit with your
housemates in the living
room before supper



Enjoy the warmth of time
with family and friends



At Jocelyn House Hospice, we have a very clear idea of the role we play in our residents' lives and a vibrant vision for what our future holds...

Our Mission

To carry on the dream of Jocelyn Hutton: adding life to final days for the terminally ill, and their loved ones, by providing care and comfort in a home-like setting.

Our Vision for the Future

To enhance and expand Jocelyn House Hospice to meet the increasing needs for end-of-life care, while ensuring the mission and values on which our organization is founded are never compromised.