

# Spring 2021

*live*  
Because people ~~die~~ here.

## End of Life Living

Chessie Todd came to live at Jocelyn House Hospice in February 2020. Her family moved Chessie's belongings into her new home and cherished each moment they spent with her, aware that her time with them was precious and limited. In March of 2020, Chessie was grateful to celebrate her 95th birthday with her family, just before Covid-19 entered our lives. Her family lavished her with gifts and flowers believing it would be the last birthday they would celebrate with her. With the pandemic and its restrictions, Chessie and her family had to adapt to outdoor and online visits to maintain contact. She is now celebrating her 1 year anniversary of life at Jocelyn House, and happily looks forward to her 96th birthday in a few weeks.

Chessie was born in Poland in 1925 and immigrated to Canada with her family at 6 years old. Although she lived in St. Vital her entire adult life she didn't learn about Jocelyn House until hospice was presented as an option when it was decided that she could no longer remain on her own. Chessie was surprised how quickly Jocelyn House felt like home. She especially appreciates the homemade apple pie made by staff, a glass of wine with dinner, a manicure and hand massage in the afternoon and watching movies and sporting events with her housemates in the evening. Following the news of the spread of Covid-19 during the last year, Chessie shared that she feels so blessed to be living in a safe, warm and loving environment.

Old St. Vital is the ideal neighbourhood for a hospice because the setting is equally beautiful in each season. Chessie has had the unique opportunity to experience all the holidays in every season. Shortly after her arrival we marveled at the new growth on the trees, the birth of baby wildlife in the yard and sightings of people in kayaks and canoes passing by on the Seine River. When summer arrived Chessie enjoyed afternoon rides in the wheelchair on scenic Egerton Road followed by delicious barbecued meals on the back deck. Fall brought 2 outdoor "Covid concerts" under the canopy of gorgeous autumn leaves. The weather cooperated and the unseasonably warm fall allowed for safe visits in the sunroom well past Thanksgiving. When winter arrived we were rewarded with the sight of many people snowshoeing, skiing and walking with their kids and

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"Take each day as it comes and appreciate it."



dogs on the frozen river; Chessie especially enjoys watching the children sledding down the hill in the yard by the hospice.

Chessie says she has a lot to look forward to each and every day. She loves FaceTime visits with her family and appreciates the gifts they send her. She says that the little things they send remind her that she's thought of and loved. As a huge Jets fan, Chessie doesn't miss a game. One evening the game coincided with supertime and she couldn't see the TV from the table. She and her housemate Sheila convinced the staff that it would be better if the furniture in the adjoining living room was rearranged so that they could have an unobstructed view of the TV. During a commercial break the Nurse and Hospice Care Worker quickly switched the recliners with the couch, enabling a clear view and making two Jets fans very happy! Chessie remarked how kind and happy the staff at Jocelyn House are and how to her, "they feel like friends".

Chessie's life is a reminder that we don't know what lies ahead or how much time we have to live. At 95 she suggests we "Take each day as it comes and appreciate it." Good advice from a strong and peaceful woman living each day to the fullest at the end of life!

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# Sheila & Chessie's APPLE PIE

Thank you to Nurse Georgette and Hospice Care Worker Evelyn for sharing their recipe for this hospice favourite which they bake with love!

### Pastry Recipe (2 Crust Pie)

2 cups flour  
1 tsp salt  
2/3 cup + 2 tbsp shortening  
4-6 tbsp cold water

Whisk flour and salt together in a large bowl. Cut in the lard with a knife or pastry blender until the mixture resembles coarse crumbs. Sprinkle in water, 1 tablespoon at a time, blending gently with a fork or pastry blender until all flour is moistened and dough almost cleans the sides of the bowl. Divide the dough in half and shape flattened rounds. Wrap in plastic and refrigerate for at least 1 hour. Roll out into 2 rounds.

### Apple Pie Filling

8 Granny Smith Apples  
2 tbsp butter  
2 tbsp flour  
1 tsp cinnamon  
1/2 cup brown sugar  
1/3 cup granulated sugar  
1/4 cup water

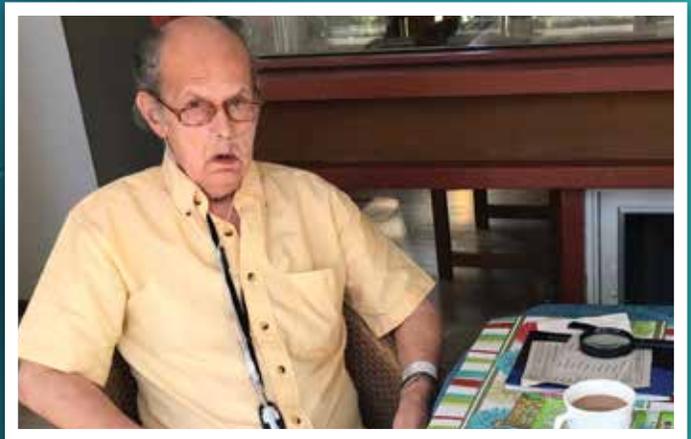
Preheat oven to 425 degrees. Melt the butter in a saucepan. Stir in flour to form a paste. Add water, white sugar and brown sugar, and bring to a boil. Reduce temperature and let simmer. Peel apples, cut into slices or cubes and toss with cinnamon. Place the bottom crust in your pan. Fill with apples, mounded slightly. Gently pour the sugar and butter liquid over the apples. Cover with second pie crust. Use knife to cut vents into the top crust. Bake 15 minutes in the preheated oven. Reduce the temperature to 350 degrees F and continue baking for another 35 to 45 minutes, until apples are soft.

Sheila and Chessie recommend eating a piece for breakfast, an afternoon snack, dessert or during a Jets game with ice cream or whipping cream.

# Enjoy!

## Winter at the Hospice

RIGHT Louis enjoying his morning coffee and daily crossword in the sun  
BELOW Celebrating and staying connected during Covid



**WANTED:**

# HOSPICE HEROES, NO CAPES REQUIRED!



Join *Craig & Ross, Chartered Professional Accounts*, and become a Hospice Hero!

**What makes a hero?** Someone with superpowers who is brave and selfless! Someone who is generous, compassionate and responsive! Someone who causes change or saves the day!

Become a monthly donor in March you will become our Jocelyn House Hospice Hero! The superpower your monthly donation will have is **TWICE THE IMPACT** and you will be a hero to our residents, all year long, no cape required!

Visit our website at [jocelynhouse.ca](http://jocelynhouse.ca) or call **204-253-5898** and become a monthly donor of any amount between **March 1 and 31, 2021**. Your monthly donation will be matched by the generosity of Craig & Ross, Chartered Professional Accountants. That means when

you sign up to donate \$25/month, Craig and Ross, Chartered Professional Accountants will make a matching donation of \$300, the amount of your annual donation!

As a Hospice Hero, you will enjoy:

- Hassle-free monthly donations.
- Secure automatic debit from your credit card or bank account.
- The knowledge that your donation is immediately supporting residents and their families.
- An annual receipt provide for tax purposes.

**Together, with our compassionate care and your generous support, we will add life to final days!**

We gratefully acknowledge these generous donors of \$1000+:

*Thank you!*

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# Executive Director Report



Jocelyn House is very fortunate to have many dedicated and loyal supporters who give faithfully and generously to support our residents and the work we do. Individuals, foundations, groups, organizations and local businesses have all extended a helping hand with their financial support, to provide the funds needed to operate our hospice. We rely on people like you, in our community, to help us add life to final days for our residents.

The pandemic forced the cancellation of our 2020 Jocelyn House fundraising events and now we've also had to cancel our 2021 Sunday Supper and Friends for Life Luncheon.

With some hard work and tremendous support from our donor friends, we have been able to sustain our operation through these difficult times and continue to provide quality end-of-life care for our terminally ill residents.

We are very grateful to everyone who made a donation in 2020, despite facing your own challenges. It was very heartening to see the outpouring of support for our 35th Anniversary campaign and the generosity of so many who gave throughout the year.

Coming in June 2021, we will launch our Friends for Life campaign, where we will invite supporters to extend their friendship to our hospice residents and

leave a lasting impression. Stay tuned for more exciting details...

Since coming to Jocelyn House in 2015, I've often said that it takes a village to accomplish great things and I am very proud of our generous, hard-working and compassionate villagers. I include all of our supporters in our village – those within our hospice walls and those within our community.

We are always looking for creative, talented and experienced individuals to join our Boards and our village. If you are interested in becoming involved, please contact me at [jstephen@jocelynhouse.ca](mailto:jstephen@jocelynhouse.ca).

Thank you for all you do and Happy Spring!

LEFT Jocelyn Hutton Foundation Chair Cheryl Mazur and Executive Director Jackie Stephen enjoying a Jocelyn House Hospice event

## Development Report

In a year during which the world was occupied by uncertainty, fear and isolation, at Jocelyn House we experienced hope, connection and generosity. It has been heartwarming to watch the ways in which people in our community have reached out to sustain the hospice during the pandemic. Words of encouragement written on donation slips, outdoor summer "Covid Concerts" arranged by staff and a donation of new colorful quilts, cushions and throw blankets all brightened the hospice.

In a year during which all in-person fundraising events had to be cancelled, funding came in many other forms. Financial donations from long-time supporters as well as many first-time donors, an anniversary campaign, donations of stocks, grants, a bequest and a virtual fundraiser, organized by a volunteer and matched by a local company, all helped to cover our 2020 hospice operating expenses.

In a year during which we couldn't gather in person, the weather cooperated to allow for visits in the scenic backyard in spring, summer and fall! Families also connected with their loved ones during visits through the window, on FaceTime and with signs of love and encouragement. Staff held baking/spa days and bingo/movie nights and ensured that special meals were prepared to celebrate birthdays and holidays.

2020 is now behind us and we look forward to welcoming the ways that you, our community, support us in 2021. There are many ways to engage and help: make a donation, become a monthly donor, leave a legacy donation in your will, donate a



LEFT Residents and staff celebrating Christmas at the hospice



MIDDLE Care Worker Pat with Cameron from the Pop-up Pipers in the backyard



RIGHT Rorrie Jones with the sign she made from her Take Home Sign Kit Fundraiser, proceeds from her fundraiser were matched by JIS Electrical!

used vehicle through our Donate-A-Car program, hold a virtual event or involve your workplace, friends and family. If you have an idea to support the quality end-of-life care at Jocelyn House I'd love to hear from you at [jbouvier@jocelynhouse.ca](mailto:jbouvier@jocelynhouse.ca).

I feel privileged to work at Jocelyn House and see the impact of your donation on a daily basis. I am grateful to be a part of a community that, even during the most challenging of circumstances, chooses to help others. On behalf of our residents, thank you for caring! On behalf of our staff, thank you for your support! On behalf of the families, thank you for your compassion!

With gratitude,

**Jacqueline Bouvier**

*Manager of Volunteers, Spiritual Care and Development*

# 35th Anniversary Matching Donation Campaign

October 20, 2020 marked the 35th Anniversary of Jocelyn House Hospice and providing quality end-of-life care to terminally ill patients in Manitoba.

In recognition of our special milestone, Bob Williams, a local businessman, philanthropist and Jocelyn House champion pledged a matching donation of \$17,500 to help raise \$35,000 to celebrate 35 Years!

His generous gift inspired many people to donate, knowing that their contribution would have twice the impact. THANK YOU to each donor for recognizing the importance of hospice care in our community, especially during this very challenging and unprecedented time!

**Our 35th Anniversary Matching Donation Campaign raised \$64,000** thanks to the generosity of Bob Williams and people like you!

Mr. Williams was so inspired by the response to the campaign that he increased his donation to \$20,000!

This result far exceeded our expectations and we are overwhelmed by the tremendous support from donors who were inspired to give because of Mr. Williams' matching gift!

We are also grateful to Melissa Martin and Ruth Bonneville of the Free Press and Simon Fuller of The Lance for sharing our story and this milestone with our community and for their ongoing coverage and support of Jocelyn House Hospice.

**From all of us at Jocelyn House, and especially our residents who will benefit from your generosity, THANK YOU!**

Together with our compassionate care and your financial support we add life to final days!



**TOP** Our residents enjoyed an evening of perusing photo albums which included pictures of Jocelyn, the Hutton family and 35 years of hospice memories.

**BOTTOM** Grateful residents raise a glass to toast 35 years of hospice care and the incredible response to the fundraising campaign.



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## 2020 / 2021 BOARD OF DIRECTORS

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**DONATE ONLINE AT [JOCELYNHOUSE.CA](http://JOCELYNHOUSE.CA)!**

or please fill out and mail in the following form:

YES, I would like to help Jocelyn House with a gift of:

Method of Payment:  Visa  MasterCard  Cheque

Card #: \_\_\_\_\_

Expiry: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Signature: \_\_\_\_\_

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Address: \_\_\_\_\_

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E-mail: \_\_\_\_\_

By giving my email address I consent to receiving information from Jocelyn House Hospice.

\$50.00  \$100.00  \$150.00  Other \$ \_\_\_\_\_

My donation is made in tribute to (name): \_\_\_\_\_

Please do not list my name for recognition purposes



## THANK YOU!

**Mail complete form and cheque to:**

Please make cheque payable to:

**Jocelyn House Hospice**

Jocelyn House Hospice  
177 Egerton Road  
Winnipeg, MB R2M 2W7  
Ph: 204.255.1781 Fax: 204.256.8157  
inquiries@jocelynhouse.ca

Charitable number 835051681 RR0001  
Spring 2021 Newsletter

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# Did you know?

In Canada, there is approximately one death every two minutes<sup>1</sup>.



Between 62% and 89% of those who die could benefit from palliative care, including nearly everyone who does not die unexpectedly<sup>2</sup>.



Jocelyn House Hospice, opened in 1985, was Western Canada's first free-standing hospice.

## 2019/2020 Jocelyn House Hospice Stats:



60% female / 40% male



Average Length of Stay: 83 days



Average Age: 78



Occupancy Rate: 95.7%



In Canada, there are 88 residential hospices. Two of those hospices are in Manitoba<sup>2</sup>.



<sup>1</sup> Statistics Canada, 2019

<sup>2</sup> Canadian Institute for Health Information, 2018

When Mom's medical needs became too much for us as a family to support, we were happy to know that her days would be spent in a home-style family setting surrounded by the warm care of the staff and residents. She particularly loved the park-like setting and the home cooked meals. Jocelyn House is truly a place where you go to live! Our family was also warmly supported as was our Mom & Grandma in this transition. We cannot thank you enough for making her final days so full of grace.

## DEB RADI

*Daughter of JHH resident Marlene (2017), member of the Jocelyn Hutton Foundation Board of Directors and donor*



At Jocelyn House Hospice, we have a very clear idea of the role we play in our residents' lives and a vibrant vision for what our future holds...

### Our Mission

To carry on the dream of Jocelyn Hutton: adding life to final days for the terminally ill, and their loved ones, by providing care and comfort in a home-like setting.

### Our Vision for the Future

To enhance and expand Jocelyn House Hospice to meet the increasing needs for end-of-life care, while ensuring the mission and values on which our organization is founded are never compromised.